

Body Image & Eating Disorders

This list will contain works related to anorexia, bulimia, binge eating/over-eating and books that address the general concept of body-image.

Fiction:

- The art of starving – Y MIL
- Skinny – Y KAS
- The year I didnt eat – Y POL
- Love and other carnivorous plants – Y GON
- Rebel with a cupcake – Y MAI
- The universe is expanding and so am I – Y MAC
- This impossible light – Y MYE
- 13 ways of looking at a fat girl – FIC AWA (adult section)
- Dumplin' – Y MUR
 - Puddin' – Y MUR
- 45 pounds (more or less) – Y BAR
- Wintergirls – Y AND
- Skin – Y VRE
- Perfect – Y FRI
- The sky between you and me – Y ALE
- Husky – Y SAY (Fairchild only)
- Pretty face – Y HOG
- Fat Angie – Y CHA
- Fat girl on a plane – Y DEV

Non-fiction:

- 100 questions & answers about anorexia nervosa – 616.85 SHE (adult section)
- Surviving an eating disorder : strategies for family and friends – 616.8526 SIE (adult section)
- Bulimia : a guide to recovery – 616.8526 HAL (adult section)
- Overcoming binge eating – 616.852 FAI (adult section)
- I've got this friend who-- : advice for teens and their friends on alcohol, drugs, eating disorders, risky behaviors, and more – Y 613.8 IVE
- Find your style : boost your body image through fashion confidence – Y 646.3 MCGRA
- Body drama : real girls, real bodies, real issues, real answers – Y 612.66 RED